

Evaluate the following triple integrals:

1. $\iiint_E z^2 \sqrt{x^2 + y^2} dV$ where $E = \{(x, y, z) | x^2 + y^2 \leq 1 \text{ and } 0 \leq z \leq 2\}$.

Solution. By the cylindrical substitution

$$\begin{aligned} \iiint_E z^2 \sqrt{x^2 + y^2} dV &= \int_0^{2\pi} \int_0^1 \int_0^2 z^2 r r dz dr d\theta \\ &= 2\pi \left(\int_0^1 r^2 dr \right) \left(\int_0^2 z^2 dz \right) = 2\pi \times \frac{1}{3} \times \frac{2^3}{3} = \frac{16\pi}{9} \end{aligned}$$

2. $\iiint_E \sqrt{x^2 + y^2 + z^2} dV$, where $E = \{(x, y, z) | 1 \leq x^2 + y^2 + z^2 \leq 4 \text{ and } z \geq 0\}$.

Solution. By the spherical substitution

$$\begin{aligned} \iiint_E \sqrt{x^2 + y^2 + z^2} dV &= \int_0^{2\pi} \int_0^{\frac{\pi}{2}} \int_1^2 \rho \cdot \rho^2 \sin \varphi d\rho d\varphi d\theta \\ &= 2\pi \left(\int_0^{\frac{\pi}{2}} \sin \varphi d\varphi \right) \left(\int_1^2 \rho^3 d\rho \right) = \frac{15\pi}{2} \end{aligned}$$